

Pre-requisites						
Equipment						
Participant can explain risks of paddling/environment						
Theory – Safety & Rescue Protocols –Self-Group-						
CLAP						
SAFE						
Clean Rope – principle in practice						
Coach swimmer to shore						
Bank - Rescue swimmer with rigid aid						
Bank - Rescue swimmer using throwline: packed						
Bank - Rescue swimmer using throwline: unpacked						
Boat – Rescue swimmer from water – bow carry						
Boat – Rescue swimmer from water – stern carry						
Boat – Rescue swimmer from water - tow						
Boat – Rescue swimmer from water – assist into boat						
Boat – Deep water rescue						
Boat-rescue unconscious or entrapped paddler						
Boat-rescue unconscious or entrapped paddler maintain airway						
Use of towlines – unaccompanied boat to shore						
Use of towline –upright incapacitated – pair/rafts						
Self Rescue – Bow presentation						
Self Rescue – Paddle presentation						
Self rescue – jump out and climb/swim back in						
Self Rescue – swim boat to shore, including swimline						
All in rescue						
All in rescue - prioritised						
Scenarios						